

Sleep Disorders Cases



이 향 운

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In this lecture, I will present several clinical cases with common sleep disorders including obstructive sleep apnea and REM sleep behavior disorder. This lecture will cover how to approach patients with sleep disorder in sleep clinic, interpretation of polysomnographic findings, and how to diagnose and manage patients with common sleep disorders. The patient cases presented here will help neurology residents, nurses, technicians, and medical scientists understand routine clinical pathways to approach patients with sleep disorders in clinical sleep medicine.

Key Words: Sleep disorders; Obstructive sleep apnea; REM sleep behavior disorder; Polysomnography; Sleep medicine

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