



민 주 홍

성균관대학교 삼성서울병원 신경과

Adherence and side effect management

Ju-Hong Min, MD, PhD

Department of Neurology, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul; Neuroscience Center, Samsung Medical Center, Seoul, Korea

Patients can achieve full benefit of drugs, only if they follow physician-directed treatment regimens; therefore, suboptimal adherence is of major concern in many disorders. More than 10 disease modifying therapies(DMTs) are available in multiple sclerosis (MS) and several new drugs are being developed. However, despite the appearance of effective DMTs, poor adherence and side effects make the benefit of DMTs decrease to result in the poor health outcome. Herein, we will discuss the adherence and side effect management of DMTs for MS patients.

Key Words: Multiple sclerosis, Disease modifying therapy, Adherence

Ju-Hong Min, MD, PhD

Department of Neurology, Samsung Medical Center, Sungkyunkwan University School of Medicine, 81 Irwon-ro, Gangnam-gu, Seoul 06351, Korea

Tel: +82-2-3410-3599 Fax: +82-2-3410-0052

E-mail: juhongm@gmail.com