



김 혜 윤

가톨릭관동대학교 의과대학 신경과학교실

Parasomnia cases

Hyeyun Kim, MD

Department of Neurology, Catholic Kwandong University College of Medicine, International St. Mary's Hospital, Incheon, Korea

Parasomnia is defined undesirable physical and sensory events that occur into, during, or arousing from sleep. The International Classification of Sleep Disorders, third edition categorizes parasomnias into three categories; non-rapid eye movement (NREM) sleep related parasomnias, rapid eye movement (REM) sleep related parasomnias, and other parasomnia. Polysomnography is helpful to distinguish the parasomnia. However, before undergoing polysomnography, accurate history and getting clear description of the nocturnal events make easy to evaluate. In this presentation, the author will discuss and review relatively common parasomnia cases and introduce how clinicians approach the patients who have nocturnal events.

Key Words: Parasomnia, Polysomnography

Hyeyun Kim, MD

Department of Neurology, Catholic Kwandong University College of Medicine, International St. Mary's Hospital, 25 Simgok-ro 100beon-gil, Seo-gu, Incheon 22711, Korea
Tel: +82-32-290-2829 Fax: +82-32-290-3193
E-mail: imkhy77@gmail.com