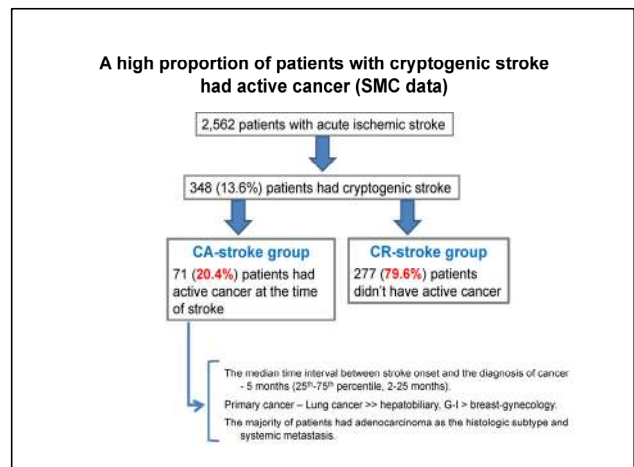
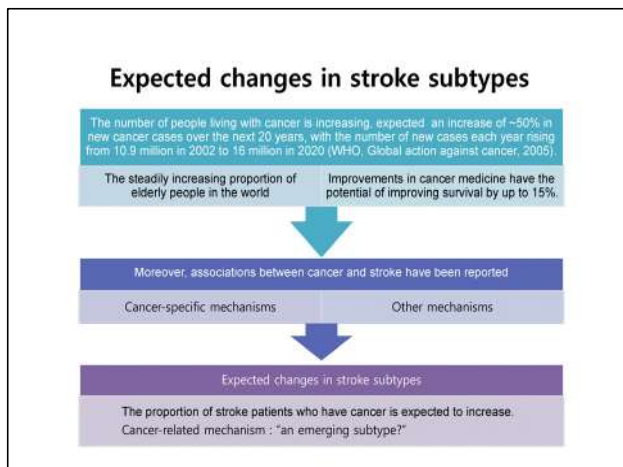
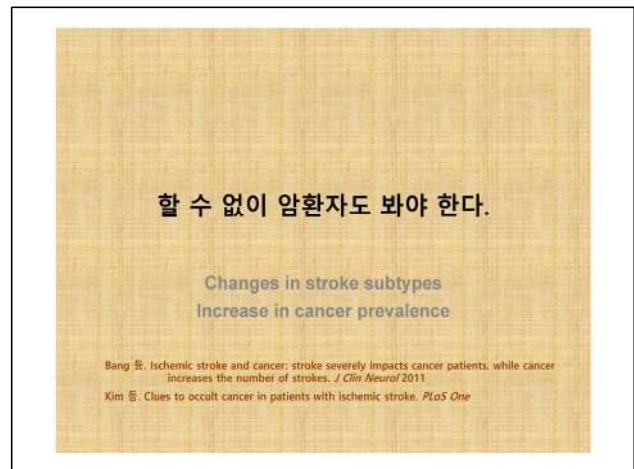
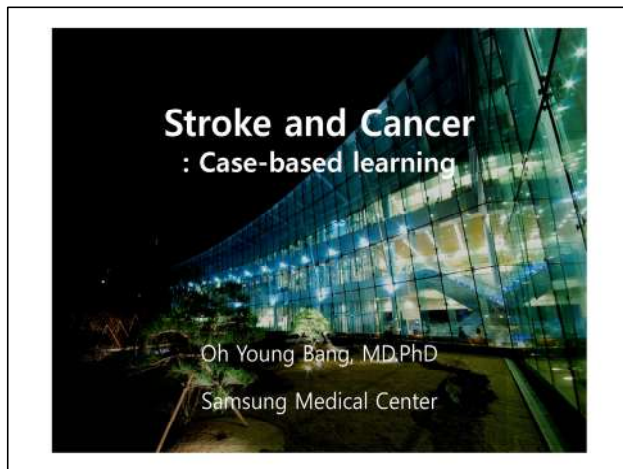


Stroke and cancer : Case-based learning



방 오 영
삼성서울병원



National-wide follow up studies

Sweden [Zoller B, Eur J Cancer 2012]

- The risk of ischemic stroke during the 1st 6 months after cancer diagnosis was 1.6, and decreased thereafter, but remained relatively constant after 6 months over time.

Denmark [Erichsen R, Cancer Epidemiol Biomarkers Prev 2013]

- The incidence of stroke was increased in colorectal cancer.
- Excess risks attenuated over time and were no longer beyond 1 year.

U.S.A. [Navi BB, Ann Neurol 2015]

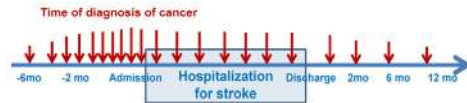
- The incidence of stroke was increased in most cancer types.
- Excess risks attenuated over time and were no longer beyond 1 year.

Taiwan [Chen PC, Stroke 2011]

- The incidence of stroke was 1.5 times higher in the lung cancer.
- The risk of stroke is at the highest after the diagnosis of lung cancer.

Stroke as the first manifestation of concealed cancer

- Thrombosis is the second leading cause of death in cancer patients [Prutmer J, Am J Health Syst Pharm 2005]
- Up to 10% of previously undiagnosed malignancies will present with thrombosis [Lee AY, Hematol Am Soc Hematol Educ Program 2006]
- Work up of hidden malignancy in patients with cryptogenic stroke and suspected coagulopathy revealed hidden malignancies. [Kwon HM, J Neurol Sci 2007] [Kim, Bang, et al. PLoS ONE 2012]



[Kim, Bang, et al. PLoS ONE 2012]

심지어는 암이 발견되기 전에 뇌졸중으로

- Thrombosis is the second leading cause of death in cancer patients [68]
- Up to 10% of previously undiagnosed malignancies will present with thrombosis [69].

68 Prutmer J. Prevalence, causes, and impact of cancer-associated thrombosis. Am J Health Syst Pharm 2005; 62:S4-S6.

69 Lee AY. Thrombosis and cancer: the role of screening for occult cancer and recognizing the underlying biological mechanisms. Hematol Am Soc Hematol Educ Program 2006:438-443.

Kwon HM, Kang BJ, Yoon BW. Stroke as the first manifestation of concealed cancer. J Neurol Sci 2007;258:80-83

Stroke often underdiagnosed in cancer patients

Data of cancer center ICU

88 patients underwent brain MRI for altered mental status in 55 (63%), hemiparesis in 28 (32%), and seizure in 20 (23%).

Usual practice in oncology: CE-MRI → add DWI

In critically ill patients with cancer, cancer-related stroke is much more prevalent than other causes of neurological involvement, including metastasis.

Causes of neurologic illness

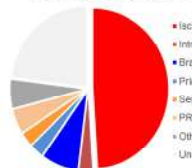


Table 1. Brain magnetic resonance imaging findings in 88 patients diagnosed with ischemic stroke and 88 cancer patients undergoing brain MRI in the emergency department.

Brain MRI findings	No. of patients (%)
Ischemic stroke	45 (51)
Intracranial bleeding	24 (27)
Brain metastasis	15 (17)
Primary brain tumor	10 (11)
Seizure-related change	7 (8)
PRES syndrome	4 (5)
Others	3 (3)
Undetermined	1 (1)

Ryu, Bang, et al. PLoS ONE 2015

암환자에서 뇌졸중이 의심될때 여러가지 감별해야 한다.

Cancer-unrelated stroke (conventional mechanism)
Cancer-related (coagulopathy) stroke
Cancer treatment-related stroke
Stroke mimic conditions

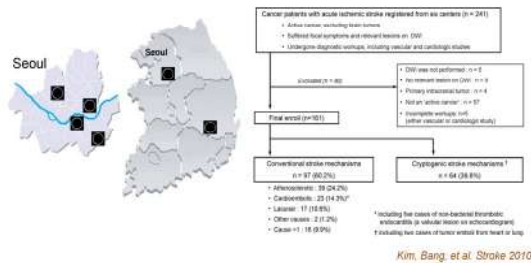
Kim 등. Ischemic stroke in cancer patients with and without conventional mechanisms: a multicenter study in Korea. Stroke 2010

Stroke in Cancer patients : Cancer-related mechanism?

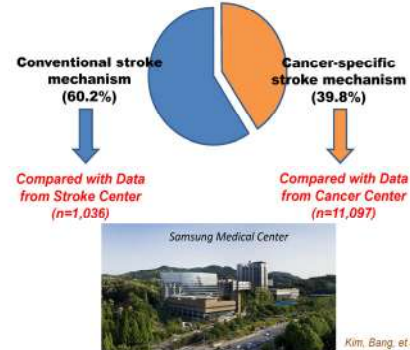
- The characteristics of stroke in cancer patients were largely unknown.
- Previous studies reported that the stroke patterns and vascular risk factors in cancer patients were not significant different when compared with the non-cancer population (Zhang et al., 2006) (Chaturvedi et al., 1994) (Zhang et al., 2007).
- On the contrary, others reported that embolism not including cardiac origin was the most common cause of ischemic stroke in cancer patients (Cestari et al., 2004).

Stroke in Cancer Patients without Conventional Mechanisms: A Multicenter Study

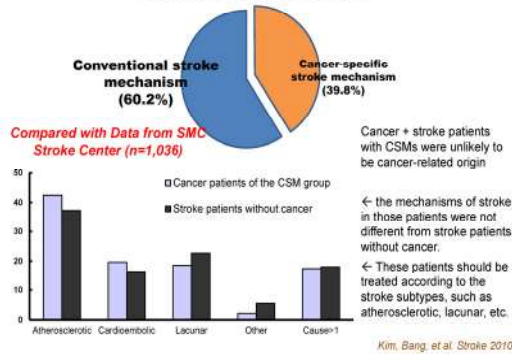
Objective : to assess the prevalence and characteristics of stroke involving mechanisms possibly related to cancer.



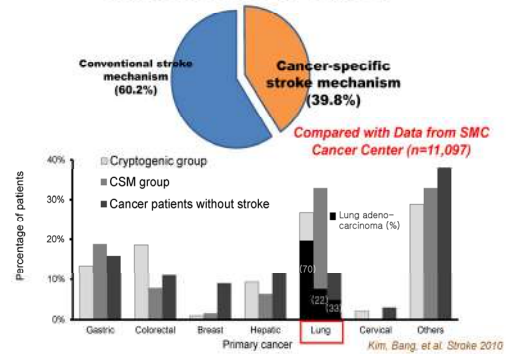
Characteristics of Stroke & Cancer



Stroke mechanisms



Characteristics of Cancer



Characteristics of Cancer

Factors to be considered

- Primary cancer & pathologic type**
 - Adenocarcinoma, especially lung cancer [J Am Soc Echocardiogr 2000;13:879-881] [Neurology 2004;63:2025-2030]
 - NBTE is reported most commonly in patients with adenocarcinoma, esp. mucin-producing carcinomas of the lung or GI, and lymphoma
- Extent of tumor**
 - 30.4-47% had metastatic disease [Acta Neurol Scand 2006;114:378-383]
 - 52% in cancer-related stroke and 18% in stroke with incidental cancer [Kim, Bang, et al. Stroke 2010]
- Active cancer**

Definition) [NEJM 2003;349:146-153]

 - Within 6 months after diagnosis of cancer
 - Any cancer treatment, recur or metastasis

Characteristics of Stroke

- DWI pattern of multiple vascular territories and D-dimer >1.11 g/mL were independently associated with the cryptogenic group.

	CSM group (n=52)	Cryptogenic group (n=69)	Odds for cryptogenic group OR (95%CI)	P
Risk factor profiles				
Age	70.4±9.9	63.0±11.0		
Hypertension	58 (83.0%)	21 (30.4%)		
Diabetes	26 (28.3%)	8 (11.6%)		
Ischemic heart disease	8 (11.6%)	7 (10.0%)		
Distant metastasis	21 (24.4%)	32 (54.2%)		
DWI patterns				
Single vascular territory	77 (79.4%)	19 (29.7%)	Reference	
Multiple vascular territories	20 (20.6%)	45 (70.3%)	11.16 (3.74-33.38)	<0.001
Laboratory findings				
D-dimer levels of 1.11 g/mL	29 (39.7%)	45 (81.8%)	10.55 (3.29-33.84)	<0.001

The AUC for cancer-related stroke according to the presence of DWI pattern of multiple vascular territories or D-dimer levels of >1.11 µg/mL was 0.781 (95% CI, 0.715-0.838).

Kim, Bang, et al. Stroke 2010 Bang, J Clin Neurol 2011

암환자에서의 stroke work ups

Work ups for stroke mechanisms Work ups for coagulopathy

Suk 등. Coagulopathy and embolic signal in cancer patients with ischemic stroke. *Ann Neurol* 2010
Kim 등. Clues to occult cancer in patients with ischemic stroke. *PLoS ONE* 2012
Kim 등. Tissue factor-bearing microparticle in cancer patients with acute ischemic stroke.
Bang 등. Cancer cell-derived extracellular vesicles are associated with coagulopathy causing ischemic stroke via tissue factor-independent pathway. *PLoS ONE* 2016

Work ups for stroke in cancer patients

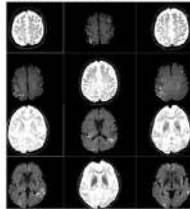
- MRI
 - Diffusion (& perfusion if applicable) MRI
 - Enhanced MRI to r/o metastasis (get official reading)
 - MRA
- Cardiac work ups
 - TTE
 - TEE (often contraindicated)
- Laboratory test for coagulopathy
 - TCD microembolic signal detection
 - D-dimer monitoring

TEE for rule out NBTE를 고려할 수도 있으나, 암환자에 감사를 시행하는데 있어서 어려움이 있으며 (bleeding prone by coagulopathy, poor condition), 또한 NBTE 역시 coagulopathy의 일종으로 치료가 동일해 굳이 감별해야 하는지에 대해 회의적이다.

Locally-advanced bladder TCC s/p RCx/IC (2014-7-9), pT3aN2Mx metastasis to Lt thigh and liver
s/p RT 55 Gy (2015-12-21 ~ 2016-1-26)

1st stroke (2016-9-11)

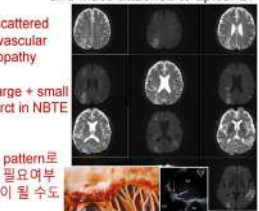
N/E: Anomic aphasia
Auditory/tactile extinction
Rt. VFD
TEE: no vegetation
TCD MES: Lt 1+



Small scattered
intravascular
coagulopathy

Large + small
infarct in NBTE

→ DWI pattern로
TEE 필요 여부
도움이 될 수도



2nd stroke (2016-9-17)

N/E: Sensory aphasia
Gerstmann syndrome
TTE: irregular-shaped mass like
lesions at AoV suggesting NBTE
and mass attached to apical LV

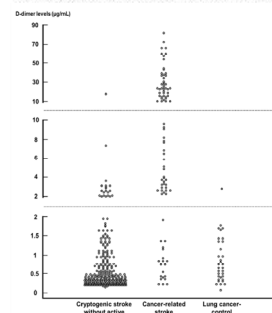
Mechanisms underlying stroke in cancer patients

Cancer-unrelated	Conventional stroke mechanisms
	Atherosclerosis, cardioembolic, lacunar, etc.
Cancer-related	Coagulopathy : m/c (adenocarcinoma)
	Intravascular coagulation
	non-bacterial thrombotic endocarditis (NBTE)
	Cerebral venous thrombosis, paradoxical embolism
	by Tumor cell (esp. adenocarcinoma)-derived cytokines or microparticles
	Tissue factor and cancer procoagulants
	Cytokines such as TNF- α , interleukins
Tumor occlusion : rare	
	Tumor embolism (lung or cardiac [i.e. myxoma])
	Intravascular lymphoma (B-cell lymphoma), hyperviscosity (leukemia)
Direct tumor-related : rare (metastasis or CNS tumor)	
	Vessel compression or infiltration
Treatment-related	
	Chemotherapy causing coagulopathy (leukemia, breast cancer, etc.)
	such as cisplatin, methotrexate, L-asparaginase, bevacizumab
	Radiation or surgery causing vascular stenosis (head & neck cancer, lymphoma)
	Medical comorbidities, such as fungal infection or infective endocarditis

Ischemic stroke and hematologic malignancy

Mechanism	Pathology	Clinical setting
1. Coagulopathy		
NBTE	Cardiac valvular lesions	Adenocarcinoma (esp. mucin-producing lung/GI), lymphoma
DIC	Arterial thrombosis with infarct	Leukemia, breast cancer
Unknown	Arterial thrombosis with infarct	Leukemia, lymphoma, solid tumor
2. Direct tumor-related		
Skull or dural metastasis	SSS compression or infiltration	Lung or breast cancer, neuroblastoma, lymphoma
Leptomeningeal metastasis	Arterial thrombosis or spasm	Glioma, solid tumor
Parasellar tumor	Arterial thrombosis or invasion	Meningioma
3. Tumor-occlusion		
Intravascular lymphoma	Obstruction of arterial vessels	Lymphoma (Large B-cell > T-cell)
Hyperviscosity	Obstruction of arterial vessels	Leukemia
Tumor embolism	Embolic infarct	Lung or cardiac tumor
4. Treatment-related		
Chemotherapy (Cisplatin, MTX, L-asparaginase)	SSS thrombosis	Leukemia, breast cancer
Radiation-induced	Arterial thrombosis with infarct	Head & neck cancer, lymphoma
Carotid blow-out SD	ICA stenosis or thrombosis	Head & neck cancer after treatment
5. Infection		
Fungal sepsis	Embolic infarct, Vasculitis	Leukemia, BM transplant

D-dimer level was significantly higher in patients with Cancer-related-stroke than those without cancer or Cancer without stroke (both $p < 0.001$).



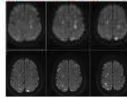
D-dimers are generated when the endogenous fibrinolytic system degrades fibrin, and related to hypercoagulability.

D-dimer level is a direct measure of activated coagulation.

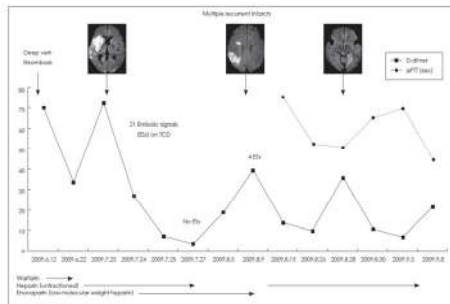
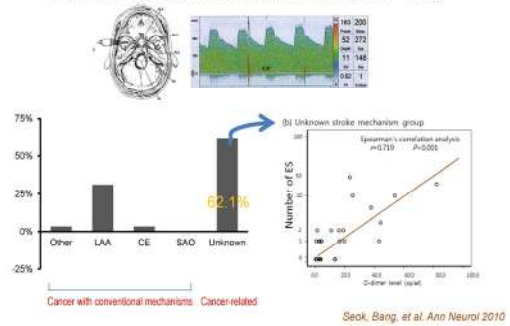
Kim, Bang, et al. *PLoS ONE* 2012

Hypereosinophilia SD

- Leukoproliferative disorder originally described in 1975
- 3 defining features
 - blood eosinophilia of $\geq 1500/\mu\text{L}$ present for more than six months
 - no other apparent etiologies for eosinophilia, such as parasitic infection or allergic disease
 - signs and/or symptoms of eosinophil-mediated end-organ dysfunction
- Cancer-related coagulopathy 의심되는데 D-dimer 정상시 의심할 것
- Work ups
 - Bone marrow
 - PDGFRA, PDGFRB, FGFR
 - JAK2 (to exclude Myeloproliferative neoplasm)
 - Chromosome study (DDX, Acute eosinophilic leukemia, CML...)



TCD microembolic signals were detected in cancer-related stroke patients than those with other mechanisms and were associated with a higher D-dimer level or multiple number of lesions on DWI (both $p < 0.001$).



A typical example case showing fluctuating levels of embolic signals and D-dimer that were directly related to the anticoagulation. A 55-year-old woman was diagnosed with bile-duct adenocarcinoma with metastasis and received chemotherapy. She had started anticoagulation for DVT, but stopped due to hemorrhoid bleeding. After that, she developed right hemiplegia. DWI revealed multiple infarcts involving multiple territory, suggesting emboli. TCD revealed embolic signals. During hospitalization, recurrent infarcts with clinical deterioration occurred while her D-dimer levels were $\geq 15 \mu\text{g/L}$. D-dimer levels (red line) were inversely correlated with prothrombin time (aPTT, green line).

Seok, Bang, et al. *Ann Neurol* 2010

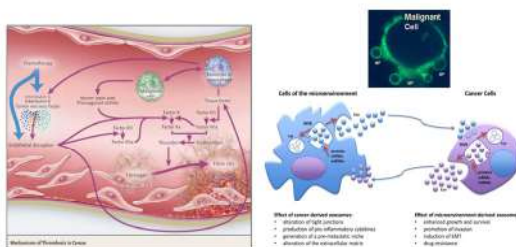
D-dimer

- D-dimers are generated when the endogenous fibrinolytic system degrades fibrin, and related to hypercoagulability. *J of Thromb & Haemost* 2006;4:1253-1258
- D-dimer level is a direct measure of activated coagulation and is used in many previous studies as a measure of hypercoagulability.
 - PE, DVT, and DIC
- Treatment of cancer, cancer itself, and stroke itself cause the elevated D-dimer levels.
 - In several large series of patients with cancer, an elevated D-dimer can be identified in 30.5 to 90% depending on whether metastatic disease was present or not.
- Therefore, It can be difficult to attribute a stroke definitively to hypercoagulability based on D-dimer alone.

Neurology 2004;62:2025-2030
Semin Thromb Hemost. 1999;25:167-172

D-dimer is a non-specific marker and It can be difficult to attribute a stroke definitively to hypercoagulability based on D-dimer alone.

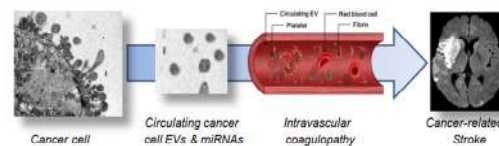
Cancer cells secrete extracellular vesicles (EVs) as well as soluble factors associated with coagulopathy



Bick RL, *N Engl J Med* 2003;349:109-11

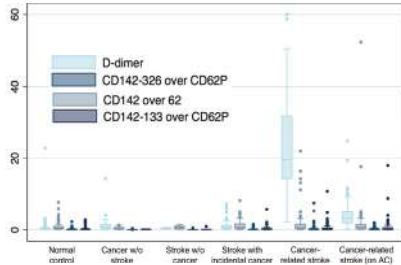
Neviani & Fabbri, *Front. Med.* 2015

Cancer Cell-derived EVs are associated with Coagulopathy causing Ischemic Stroke via Tissue Factor-independent way



Cancer cell-derived EV levels could add information to D-dimer

D-dimer levels are nonspecific and may change with therapy



Bang, et al. PLoS ONE, 2016

암환자에서의 acute and preventive treatment strategies

Treatment should focus on correction of the coagulopathy rather than revascularization therapy.

Suk 등. Clinical presentation and ischemic zone on MRI in cancer patients with acute ischemic stroke. *Eur Neurol*. 2012

Lee 등. Clinical presentation and ischemic zone on MRI in cancer patients with acute ischemic stroke. *Eur Neurol*. 2012

Jang 등. Comparison of enoxaparin and warfarin for secondary prevention of cancer-associated stroke. *J Oncol* 2015

Acute Treatment

- The use of thrombolytics within the therapeutic time window is not contraindicated in cancer patients under the current guidelines for acute stroke therapy.
- However, the response to thrombolysis may differ between stroke patients with and without cancer.
 - Patients with the target mismatch profile ↓
 - Outside therapeutic time window (progressive > sudden onset) ↑
 - Life expectation ↓
- Strategies for stroke treatment in cancer patients should focus on correction of the coagulopathy rather than recanalization.

MRI and TCD

	D-dimer Quartile				P
	Q1	Q2	Q3	Q4	
MRA-DWI mismatch	10 (66.7%)	13 (61.9%)	7 (31.8%)	6 (23.1%)	0.001 ^{a,b}
PWI-DWI mismatch	8 (61.5%)	11 (64.7%)	11 (55.0%)	7 (30.4%)	0.035 ^{a,b}

	DWI	PWI	MRA	Infarct growth	
DWI pattern	1	13	8	4	12
	2	8	13	10	4
	3	4	3	7	13
	4	1	4	4	10
					<0.001 ^d

^a Pearson Chi-Square test

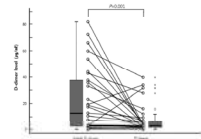
^b Linear-by-linear association test

^c Fisher's Exact test

^d Small artery disease or posterior circulation infarction patients were excluded

Acute Treatment

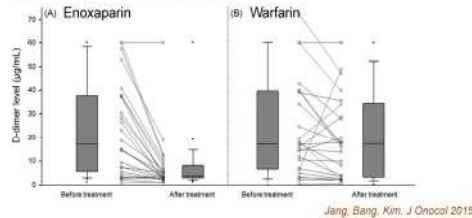
- Current standard for treatment for VTE in cancer patients
 - Long-term low molecular weight heparin (LMWH)
 - Non-vitamin K antagonists (NOACs)
- For cancer-related stroke – No established standard
 - UF-heparin
 - Fondaparinux (Arixtra™)
 - LMWH
 - Enoxaparin (1mg/kg sc. q12h)
 - Dalteparin (200 unit/kg sc. qd)



LMWH vs. Warfarin

- Data of 79 patients with cryptogenic stroke with active cancer
- Blood samples for measuring the initial and follow-up D-dimer levels were collected at admission and a median of 8 days after admission, respectively.

Figure. Changes in D-dimer levels after treatment:



Jang, Bang, Kim, J. Oncol 2015

LMWH vs. Warfarin

- Data of 79 patients with cryptogenic stroke with active cancer
- During the mean follow-up period of 4.9 months, recurrent strokes were noted in only 1 (3.4%) patient treated with enoxaparin and in 8 (16.0%) patients treated with warfarin.
- Time to recurrence was usually within 2 months of the initial event, and most patients had D-dimer levels that were >10µg/mL and an INR >2.0.

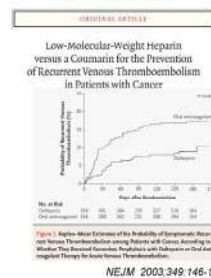
Multiple regression analysis: Independent predictors of D-dimer ≥10 µg/mL.

Treatment	Estimated OR (95% CI)		p
	Univariable	Multivariable	
Enoxaparin	Reference	Reference	
Warfarin	6.72 (1.92-23.58)	12.95 (2.89-57.94)	0.001
Systemic metastasis	6.96 (0.80-60.53)	18.73 (1.69-207.48)	0.017
Adenocarcinoma	3.58 (0.86-14.87)	2.41 (0.43-13.44)	0.314

Jang, Bang, Kim, J. Oncol 2015

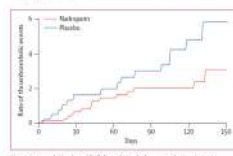
2013 American Society of Clinical Oncology Clinical Practice Guideline Updates

For long term anticoagulation, LMWH for at least 6 months is preferred because of improved efficacy over VKAs. VKAs are an acceptable alternative for long-term therapy if LMWH is not available.



NEJM 2003;349:146-153

Nadroparin for the prevention of thromboembolic events in ambulatory patients with metastatic or locally advanced solid cancer receiving chemotherapy: a randomised, placebo-controlled, double-blind study



Lancet Oncol 2009; 10: 943-9

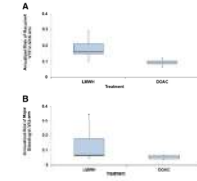
Efficacy and Safety of Anticoagulant Therapy for the Treatment of Acute Cancer-Associated Thrombosis: A Systematic Review and Meta-Analysis

LMWH should be used for the treatment of acute cancer-associated thrombosis.

Our results are consistent with the current recommendations favoring the use of LMWH monotherapy for the treatment of cancer-related thrombosis.

NOACs can't be recommended until trials comparing NOAC vs. LMWH are conducted

Therefore, the available data show that NOACs hold promise in the treatment of cancer-associated thrombosis but are underpowered for demonstrating superiority or non-inferiority against VKA, a regimen known to be inferior to LMWH.



M. Carrier et al. / Thrombosis Research 134 (2014) 1234-1239

NOAC use

- NOAC use to prevent recurrent venous thromboembolism

Cancer patients in EINSTEIN-DVT/PE

Intervention	Enoxaparin and Vitamin K antagonist	HR (95% CI)	ARR (95% CI)	P-value
Selection for trial population	304	301		
Safety population	253	258		
Recruited patients	18 (7%)	20 (7%)	0.42 (0.35-0.50)	0.74
Excluded patients	9 (4%)	10 (4%)	0.42 (0.35-0.50)	0.74
Eligible patients	18 (7%)	20 (7%)	0.42 (0.35-0.50)	0.74
Eligible patients	18 (7%)	20 (7%)	0.42 (0.35-0.50)	0.74
Eligible patients	18 (7%)	20 (7%)	0.42 (0.35-0.50)	0.74
Eligible patients	18 (7%)	20 (7%)	0.42 (0.35-0.50)	0.74

Lancet Haematol. 2014; 1: e37-46

Limited evidences from RCTs of NOAC in cancer patients

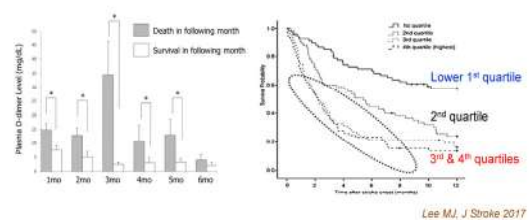
- In phase III trials, all 4 NOACs were noninferior and probably safer than conventional therapy (LMWH followed by warfarin).
- A proportion ranging between 2.5% and 9.4% of patients included in the Phase III trials with NOACs had cancer

JACC 2016;67:1941-55

Importance of effective correction of hypercoagulability in survival

Successful correction of hypercoagulability was protective for 1-year survival in anticoagulated patients in the 3-4th quartiles of pretreatment D-dimer levels (adjusted HR 0.26, 95% CI 0.10-0.68, p=0.006).

Stroke severity was not independently associated with mortality.

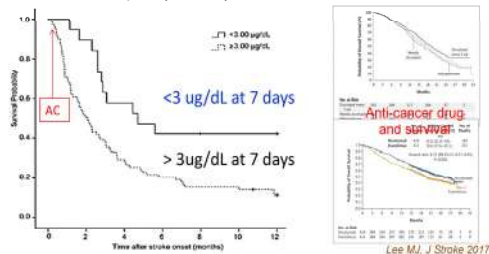


Lee MJ, J Stroke 2017

Importance of effective correction of hypercoagulability in survival

After AC, patients showing rapid improvement in coagulation level (defined as <3 ug/dL at 7 days)

→ Better survival, especially within 1 year after stroke Dx



Conclusions and Perspectives

- Stroke with cancer-specific mechanisms occurred in large number in cryptogenic stroke.
 - With the increase in the number of people living with cancer, this type of stroke could become one of the prevalent stroke subtypes in the future.
- The characteristics of cancer-related stroke are very distinct from those of conventional stroke.
 - Embolism caused by cancer-related coagulopathy is the main mechanism underlying cancer-related stroke.
 - The characteristics of cancer-related stroke are very distinct from those of conventional stroke.
 - Laboratory findings (especially, D-dimer and TCD microembolism) and DWI lesion patterns were helpful in the differentiation of stroke mechanisms and also valuable in monitoring the effects of treatment in cancer patients.

- Anticoagulant use may be helpful particularly in patients where coagulation abnormality is the principle mechanism of stroke
 - Considering the characteristics of the presenting symptoms (i.e., encephalopathy), the ischemic zone assessed by MRI (i.e., relative lack of ischemic penumbrae), and a higher rate of recurrent embolism, treatment should focus on correction of the coagulopathy rather than revascularization therapy.
 - Longitudinal follow up data are needed to identify proper anticoagulants in those patients
 - Like DVT, further studies are needed for the standard of care for treatment of stroke and specific biomarkers for coagulopathy
- Although many new beginnings have been made in the field of cancer-associated thrombosis in the past decade, much learning awaits.